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We Claim:

1	1.	A method of utilizing a push model to provide access to a message list in one or
2		more of a voice, a fax, an e-mail and a unified mailbox through a wireless network, the
3		method comprising the steps of:
4		a. automatically receiving an updated mailbox content list from a server through a
5		wireless network;
6		b. scrolling through the updated mailbox content list with a wireless device;
7		c. forming a communication link through the wireless network thereby linking the
8		wireless device and the server;
9		d. selectively receiving a message from the server; and
		e. providing the message to a user.
น์ ≿ ≿1	2.	The method of Claim 1 further comprising a new message notification, including
<u>,</u>	2.	the updated content list.
_		and aparation contains and
~ ~ ~1	3.	The method of Claim 1 wherein the wireless network has a low data-bandwidth
	٠.	and a high data-latency.
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.ä. 1	4.	The method of Claim 1 further comprising the step of the user scrolling through
2	••	the updated mailbox content list without accessing the wireless network.
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1	5.	The method of Claim 1 further comprising the step of the user issuing the
2	•	command using the wireless device.
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1	6.	The method of Claim 1 further comprising the step of the server playing the
2		message according to a command given by the user.
1	7.	A system for providing access to a message list in one or more of a voice, a fax,
2		an e-mail and a unified mailbox through a wireless network comprising:

3		a. a wireless device;
4		b. a server; and
5		c. a wireless network linking the wireless device with the server.
1	8.	The system of Claim 7 wherein the wireless network has a low data bandwidth
2		and a high data latency.
1	9.	The system of Claim 7 wherein a new message notification and an updated
2		mailbox content list are sent over the wireless network from the server to the wireless
3		device.
1	10.	The system of Claim 7 wherein after being sent by the server, the new message
		notification and the updated content list can be viewed by a user with the wireless device.
154 154 154	11.	The system of Claim 7 wherein the user may scroll through the updated mailbox
2		content list with the wireless device.
*•! 1	12.	The system of Claim 7 wherein the user selects a message by issuing a command
1 2		to the server.
	13.	The system of Claim 7 wherein the server delivers the message selected by the
2		user and the message is played for the user by the wireless device.
1	14.	A method of providing access to a message list in one or more of a voice, a fax, ar
2		e-mail or a unified mailbox through a wireless network, the method comprising the steps
3		of:
4		a. automatically receiving through a wireless network a new message notification
5		and an updated mailbox content list from a server;
6		b. remotely scrolling through the updated mailbox content list using a wireless
7		device;
8		c. forming a communication link between the wireless device and the server; and
9		d. receiving and presenting a message from the server.

1	15.	The method of Claim 14 wherein the wireless network has a low data-bandwidth
2		and a high data-latency.
1	16.	The method of Claim 14 further comprising the step of a user scrolling through
2		the updated mailbox content list without accessing the data network.
1	17.	The method of Claim 14 further comprising the step of the user issuing the
2		command using the wireless device.
1	18.	The method of Claim 14 further comprising the step of the server playing the
2		message according to a command given by the user.
*1	19.	A system for providing access to a message list in one or more of a voice, a fax or
2		a unified mailbox through a wireless network, the system comprising:
3		a. means for automatically receiving an updated mailbox content list from a server
.4 *-		through a wireless network;
		b. means for scrolling through the updated mailbox content list with a wireless device;
		c. means for forming a communication link through the wireless network thereby
2		linking the wireless device and the server;
9		d. means for selectively receiving a message from the server; and
7 8 9 10		d. means for providing the message to a user.
1	20.	The system of Claim 19 wherein a new message notification includes the updated
2		mailbox content list.
1	21.	The system of Claim 19 wherein the wireless network has a low bandwidth and a
2		high latency.
1	22.	The system of Claim 19 wherein the user scrolls through the updated mailbox
2		content list without accessing the wireless network.

- 1 23. The system of Claim 19 wherein the user issues a command using the wireless device.
- 1 24. The system of Claim 19 wherein the server plays the message according to the command given by the user.